



## RIVER RANCH DENTAL

### **Post-Operative Instructions for Partials**

New partials always require a period of adjustment. First-time partial patients may require several weeks to get used to their new appliance. Speech may be altered, and may require adaptation of the tongue and lips.

For the first few days, you should wear your partial for as long as possible, and chew soft food in small bites. Remember, partials do not have the same chewing efficiency as natural teeth and may affect your taste of food. If your bite feels uneven after several days, we can adjust the way your teeth contact at follow-up visits.

It is not unusual for sore spots to develop in isolated areas of the mouth. These areas can be relieved easily at follow-up appointments. If a severe sore spot develops which prevents wearing the partial and an appointment is made for adjustment, please wear the partial for *24 hours* prior to the appointment. This will greatly aid in locating the exact location of the area, and make adjustments significantly easier and more predictable.

Proper cleaning of your partial is important to prevent stains and bacteria from accumulating on your appliance. Since cleaning procedures differ for various types of appliances, please follow the directions given to you at your insertion appointment.

Do not wear your partial to bed. It is important to allow your gum tissues and jaw bones to rest in order to prevent further tissue irritation, infection, and future bone shrinkage.

Over time, or with weight loss or gain, the supporting gum tissues and bone may change shape and size affecting fit of partial.